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6-Grammy Winner Amy Grant chats with Valder



On My Honor (and my life's experiences)

You can speak life into your life! Those places in your life that are dry, withered, dead or dying, you can resuscitate with the Holy Spirit of God as in Ezekiel 37:1-10, On My Honor (and my life's experiences).

"The hand of the LORD was on me, and he brought me out by the Spirit of the LORD and set me in the middle of a valley; it was full of bones. 2 He led me back and forth among them, and I saw a great many bones on the floor of the valley, bones that were very dry. 3 He asked me, 'Son of man, can these bones live?' I said, 'Sovereign LORD, you alone know.'"

4 Then he said to me, "Prophecy to these bones and say to them, 'Dry bones, hear the word of the LORD! 5 This is what the Sovereign LORD says to these bones: I will make breath enter you, and you will come to life. 6 I will attach tendons to you and make flesh come upon you and cover you with skin; I will put breath in you, and you will come to life. Then you will know that I am the LORD.'"

7 So I prophesied as I was commanded. And as I was prophesying, there was a noise, a rattling sound, and the bones came together, bone to bone. 8 I looked, and tendons and flesh appeared on them and skin covered them, but there was no breath in them.

9 Then he said to me, "Prophecy to the breath; prophecy, son of man, and say to it, 'This is what the Sovereign LORD says: Come, breath, from the four winds and breathe into these slain, that they may live.'" 10 So I prophesied as he commanded me, and breath entered them; they came to life and stood up on their feet—a vast army.

On my honor of the experiences of my life; all things are possible with GOD, Jehovah, The Way Maker, The Counselor, The One, Alpha & Omega, El Shaddai, Elohim, Adonai, Shalom.

It does not matter what name you call GOD, just call upon the name of GOD, use his might and power. On my honor...and my life experiences.

Valder Beebe, Editorial Director

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On My Honor

As I have journeyed, for many years I did not have a close friendship with God (yet I have always had a relationship with God) that is required. So I took the hard way in life. I made the commitment many years ago "this was my life...but I would do it God's way". So I changed course during the journey and took God's way. As I changed course God gave me the faith to learn to stand against the currents that come into life and have joy when those waves get high. You see I cannot swim so currents are a challenge, but I know that God keeps me above the waves. Through the use of the study of the character of God, getting to know GOD and making God my rock, my doctor and my salvation (my best friend, also), GOD gave me the power to vanquish those things that frightened me in life (death, destruction, debt, failure and more). So as you set your GPS on your iPhone, iPad or iDevice....set your course on the ultimate journey (the only journey that matters) your Life's adventure with GOD. I adore you and keep you and your loved ones in my prayers.



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It's A Miracle!

God is always at work in our lives, he's never dormant. With each encounter I am looking for Jesus and one day in 2011, I met the beauty of a soul, her name is Sandra Hart. After being misdiagnosed with lupus at the innocent age of 14, Sandra was confined to a wheelchair for eight years, and in a bed-bound, vegetable-like state. Two years later, doctors at Scottish-rite hospital described her adolescent 16 year old body in a condition similar to a weathered 86 year old body and diagnosed her with the worst condition of juvenile rheumatoid arthritis they had ever witnessed. Just when it couldn't get any worse in 2010, she was actually diagnosed with lupus. Through excruciating circumstances, and hindering adversities, all of the odds were against her in her battle to regain her confidence and self-worth.

After being neglected by her home health care agency, Sandra developed bed sores, often starved, was forced to sit in linen containing feces and urine, and conditions worsened because she lacked the ability to take her medication. Her arthritis prevented her bones from functioning properly and her hands were folded closed and her arms and legs inward. This was truly a desperate cry for help. Determined to walk again, therapy and water aerobics were two big steps in the road to recovery. After gastric bypass surgery, Sandra got double knee replacements and once again began therapy to learn to read, write, and most importantly, walk again.

Sandra made a miraculous recovery. She reflected on her long journey and made the commitment to dedicate her life to helping others by opening her own business. In May of 2009 she became the founder and CEO of Hart Referrals LLC. Her goal was to simply ensure that people didn't suffer the way that she did, and that they received the proper treatment. Today, Hart referrals is a consulting agency, focused on the overall well-being and improvement of a patient's condition with a vast pool of resources, and qualified trustworthy companies that work to provide optimum healthcare services regardless of state or condition. The company serves as a direct link between companies and the communities they serves through numerous events, health fairs, fund-raising events, and charitable organizations. In conclusion out of fear of mistreatment happening to anybody else, she fought to gain her strength, and confidence an open a company just a strong as her will and desire and called it Hart Referrals, LLC. "There are many different referrals out there, but everyone deserves a Hart Referral". Visit hartreferral.com.

At the Power Pages News we have experienced the Grace of GOD in all aspects of our Life's journeys. We want to hear and share your stories for others to know "God continues to grant miracles". Tell us your It's A Miracle story @ ValderBeebeShow.com, click E-Mail Valder, send your story. We might select your story to print in the Power Pages News.



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< THAT CELEBRITY AUTHOR

Author, ROBERT LIPARULO,
It began when Moses was on Mt. Sinai. Tired of waiting on the One True God, the twelve tribes of Israel began worshipping a golden calf through pagan revelry.....
The 13th Tribe (Thomas Nelson)



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Lagniappe "Something Extra"
Clutter Clearing Choices: Clear Clutter, Organize Your Home, & Reclaim Your Life by Barbara Tako
THE HUB OF THE HOME: REDUCE KITCHEN CLUTTER

In Louisiana, the kitchen is truly the heart of the home as Louisiana's way of life revolves around food. This month I wanted to share wisdom from *Clutter Clearing Choices: Clear Clutter, Organize Your Home, & Reclaim Your Life* by Barbara Tako for it truly connects the heart of the home. Bon appétit !

The kitchen is the hub of our home, but many of us still struggle with how to maximize and best utilize this important high-use family place. Sometimes it seems like everyone and everything passes through our kitchen, and many things get deposited there. Here are a few general thoughts.

Resolve to use your kitchen more often. Cook food in it. Try it out. Interestingly enough, I have observed my kitchen stays cleaner and less cluttered when it is cooked in regularly. Counters and table get regularly wiped down this way, and things get put away.



Learn to be a minimalist in the kitchen. This begins with less clutter. Regularly weed out the cupboards, base cabinets, and even the refrigerator! Yes, there is clutter inside the refrigerator too. You know it!

Cut back on kitchen gadgetry. Avoid buying kitchen gadgets that can do only one task. If you absolutely have to have something even though it is only good for one task or one time of year then try storing seasonal and infrequently used items in a large plastic tub or box elsewhere in the house to free up space for your daily kitchen activities.

Make your kitchen time special. Slow down to cook. Turn on some music. Light a candle. "If family isn't special enough to light a candle for, who is?"

Photography by James: Alexander, Auntie Bert, Michael
"The Power of Generations"



< **Grammy Winning COMMON** [portrays Elam Ferguson], a freed slave in the Western; AMC's Series **Hell On Wheels**, which centers on the building of the Transcontinental Railroad.

COMMON video interview on ValderBeebeShow.com



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Margaret Cho talks with Valder about her show on Food Network "Blind Dinner Party"

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Valder talks with returning guest "TOP CHEF" Host, Padma Lakshmi

Valder Beebe Show MORE THAN JUST GIRLFRIENDS



Editor-In-Chief EvaLetitia Ellis Honor, What Does It Really Mean?

Honor is described in the dictionary as honesty, fairness or integrity in one's beliefs and actions. A source of credit or distinction, high respect, as for worthy, merit or rank (memorial). Lastly, high public esteem, fame or glory. Used as a verb, it means to hold in honor or high respect to confer distinction upon, to worship, to show a courteous regard for (invitation).

Now that we know the meaning of honor, how do you view the word? Does the meaning change at all for you? Let's look at Ex:20:12 the 4th commandment states, honor thy father and thy mother that you may have a long life in the land which the Lord your God has given you. Does it mean to obey your parents or simply respect and care for them?

One person responded saying, "obey them when you're a child, respect them when you are an adult, care for them when they're elderly and Love them always." This hits the nail on the head and drives it forward. This not only relates to the parents but those senior to us. Even those we place in leadership and high rank, those who have gained wisdom, knowledge and understanding who dare to teach others. This obedience, respect, care and love goes out to those pioneers, legends and icons who paved so many ways for positive change that not only affects a nation but the world. Martin Luther King Jr., did not change the world by himself, it took obedience and sacrifice of people that honored him. Jesus did not reach the ends of the Earth with His message alone it was the people who followed in obedience. They had the greater work because, as Jesus put it, He had to return to His Father. They both left us with a charge to keep and a God to glorify. This charge will go forward even unto the ends of the world, just as Jesus said it would. How? You might ask. Through honor and sacrifice!

We obey, respect, care for and love those who have done so unto us. Those who have laid down their lives for the betterment of mankind, these are our fathers and mothers. These are those the scriptures speak of that we should honor that we may have long life on this Earth. They have come before us striving to guide us to a place of unity, respect, peace and love. If we can get to this place together, we will have long life on this Earth. Our forefathers/mothers have strived to provide us with history and culture that is passed down from generation to generation. No wonder the bible tells us to honor our fathers and mothers in the Old Testament. Jesus goes on in the New Testament explaining who our parents, brothers and sisters are. These are they who hear the voice of God and obey Mark: 3.

The voice of God is heard within your spirit. Take time to listen, obey and teach others with love. This is the Honor to strive if you must.

Live life like the spirit being you are! EvaLetitia, Author The Revelation of Woman, A Personal Revelation

What Kind of Christian "Are" You?

by Rhonda Jones TheChristianMeditator.com

I posted an article and video titled "Should Christians Practice Yoga" and "Why Christians Practice Yoga." In the article I explained that we have liberty in Christ and that there is only one God, according to 1 Corinthians Chapter 8. Therefore, if a Christian desires to practice yoga or Christian yoga unto the Lord, God will honor his or her worship. However, if a Christian believes yoga is ungodly, that they should abstain from yoga, for whatever is not of faith is sin.

Well of course, I wasn't expecting to change Christian's minds or beliefs regarding yoga. That was never my intention. I know that the controversy over yoga, Christian or otherwise, will continue. But it did slightly bother me when I received an email stating, "What kind of Christian are you? My son thinks you're a Jehovah Witness." (Huh?) The rest of the letter went on to tell me the evils in practicing yoga. I replied with a brief response and let it go, but when I woke up the next morning, my spirit was heavy because I'm sure I offended many other Christians as well. I prayed to the Lord at that moment and asked, "Lord, tell me if I am wrong because I don't want to lead people astray." And the Lord instantly put these words in my heart, "Don't become a slave to fear."

As I meditated on these words and what they meant, I began to reflect upon how the spirit of fear has shaped our behaviors and our world as a whole. Fear of losing something or someone produces worry, jealousy, over protectiveness, and/or covetousness. Fear of losing control promotes anger, insecurity, and possessiveness. Fear of lack promotes greed, selfishness, and competition. Fear of religion produces prejudice, hatred, intolerance, separation, and even murder. These common fears circulate throughout our world daily. But what does fear look like within the church? When you reflect upon the message from your pulpit, are you receiving a weekly dosage of faith, love, peace, or fear, intolerance, and legalism?

We serve the God of the universe, the Alpha and Omega, the King of Kings, and Lord of Lords. In 1 Chronicles 28:9, God told Solomon, "And you, my son Solomon, acknowledge the God of your father, and serve him with wholehearted devotion and with a willing mind, for the Lord searches every heart and understands every motive behind the thoughts." When a Christian practices yoga, God isn't looking at the poses, he's not even looking at what comes out of our mouths, He's looking at the motives in our heart. Is our heart filled with whole-hearted devotion or are we just going through the motions? Just like a person can go to church every Sunday for years, sing all the right songs, and say all the right things and have never have a personal relationship with God, so can a person practice yoga and love the Lord their God with all their heart.

As each one of us brings our whole minds and bodies under the authority of Jesus Christ, we will be one less step away from creating a world that manifests God's Spirit which is love, joy, peace, and faith. And these will go so much further in winning the world for Christ than denouncing yoga or any other practice we may disapprove of.



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< THAT CELEBRITY AUTHOR (book preview)

'Growing up Ziglar' - The daughter of Zig Ziglar has written a book about her family and her climb out of a destructive lifestyle. "It was only my relationship with Christ," Norman says. "It wasn't until I learned that the Holy Spirit really indwelled me and that I had the power of the Holy Spirit to be able to say no to the things that had always baffled me before."

> JAKE STEINFELD "Body by Jake" talks with Valder about "Getting your Community Moving With JAKE! The Marvel's Avenger's team up to defend earth against some pretty nasty villains led by Tom Hiddleston as Loki (The cute villain) the film is directed by Joss Whedon. "Marvel's The Avengers" is based on the ever-popular Marvel comic book series.

