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Valder chats with Pastor Matthew Hagee about his book: Response Able



America's History

Mrs. Roberta Johnson has definite rules for living a long and healthy life. Be faithful to GOD. Be active every single day, whether you feel like it or not. Cod liver oil regularly to keep the body working and at every meal, vegetables. Mrs. Johnson has made it a habit of living as stress-free a life as possible.

Mrs. Johnson is able to claim a direct link back to the days of slavery more than 135 years ago. Her great grandparents the James' (pronounced in Creole Jaa-mes') when the Civil War ended they went from being slaves imported from the West Indies to plantation slaves in Texas to free former slaves residing in Patterson, Louisiana. Through the Freedman's Bureau which had been established in 1867 to serve the needs of the newly-emancipated. The James received their 40-Acreas and a Mule through the Bureau. As farmers, the James' thrived as land owners for their next generation despite the frustrating barriers of a segregated Louisiana, Jim Crow Laws and discriminatory practices in a wider society.

Today Mrs. Johnson has survived three husbands. Her second husband Clement Gibson was the "love of her life." Her favorite child is her niece Valder Beebe and her favorite grandchildren are Valder and James four children and grandchildren. Mrs. Johnson feels that a very proud day in her family life is when her niece Valder Beebe graduated from Business College in 1976. She feels that Valder, her next generation, understands the hard fought battles of the past and that education is the way to success in life. She said she believes Valder would teach her children about the importance of 'education, education'. Mrs. Johnson says each day she marvels at how good the Lord has been to her. He has allowed her to see many things in her many years; He has blessed her with a reasonable portion of health and strength. She says her greatest blessing is that The Lord has blessed her with a wonderful church; Dallas' Hamilton Park UMC and a strong family legacy. She states that she comes from people who have tread the advertises of slavery, became land owners, farmers and business people and pursued the American Dream through education. Mrs. Johnson's birthday is November 26, 1914.

Valder Beebe Editorial Director Photography-by-james.com



The Christian Meditator 2012

Rhonda Jones, thechristianmeditator.com
Cultivating the Love of God

Have you ever wondered why some people are repelled by Christians? Many believers may want to say that being a Christian convicts non-believers of their sin. However, in many cases, it is because they find them proud, arrogant, judgmental, or self-righteous. Thus, there is now a popular saying that is circulating

about Christians, we are "known more for what we are against rather than by what we believe..." What a painful rebuke! But there is truth to it that we cannot deny.

God has indeed commanded Christians to preach the Gospel to the ends of the earth and to make disciples of men. This task involves teaching, as well as correcting and rebuking others as God's Spirit leads. But teaching or correcting others according to the teachings of Jesus must always be done in love. John 13:35 tells us that unbelievers will know we are Christians by our love.

How does one cultivate the love of God in the heart so that we could draw others to God by our very countenance and actions?

Asking the Holy Spirit: Romans 5:5 tells us that "hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, whom he has given us." No matter how good we are, true love that has the power to transform lives can only come from God's Spirit. Luke 19:9-13 tells us that if we ask God, he will give us his Holy Spirit. Cultivating love, therefore, begins with asking God humbly, to "pour out his love on our hearts."

Being Grateful

Gratefulness towards God leads to love towards men. In Luke 7:47, Jesus said that the one who has been forgiven much loves much. Matthew 10:8 says "...Freely you have received; freely give." The more we are aware of the grace God has bestowed on us, the more we are able give love to others.

Staying Humble: Acknowledgment of our weaknesses and shortcomings is good because it cultivates gratefulness; and it also creates empathy for those who might be struggling with weaknesses as well. This is another key to cultivating the love of God in our hearts.

One of the reasons why we become proud and self-righteous in dealing with others is because we forget how much Jesus has suffered for our sins. Sometimes, we forget that it was completely by grace through faith that we have been saved. Perhaps, the next time challenges our patience, we will feel compassion instead of anger upon remembering how terrible life is without Jesus.

Never Failing to Forgive: Matthew 7:1 reminds us to not judge others so that we too will not be judged. The Lord's prayer teaches us that God forgives our sins as we have forgiven others who have wronged us. Forgiveness is an expression of God's love and we find ourselves able to forgive others when we are most aware of how much we have been forgiven.

Blessing, thechristianmeditator.com

Rhonda Jones is the author of over 23 Christian Meditation CD's and serves as

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This is your year to find that positive passion and manifest it into the assets you have long desired. You may be asking, how do I do that? Let me explain, passion, love, joy, words, excitement and all of the other ethereal spiritual expressions that are pure energy for this is what GOD is a manifestation of and will always be. So as you understand that passion (or you can use any expression in your life, positive or negative) is an energy, it cannot be harnessed but it can be bent into your desires. If I could, I would recommend reading books on quantum physics or just reading the books of Gary Zukaf or Deepak Chopra for a deeper understanding of the power of physics but for lighter reading read Joel Olsteen or Ernest Holmes. These new thought leaders simply embrace the principles that have been sent from the heavens when God created the heaven and earth (see Genesis, he spoke all that exists into existence). This is the power that energy has. I adore The Secret because Bob Proctor, metaphysician, tells us we do not understand the power of electricity but we know that "electricity can cook a man's dinner and it can cook a man". Electricity is another form of energy. We do not understand but we use it. The same goes for passion we do not understand it, but we use it for our greater good. Become passionate about one thing, just one single thing; love, family, elevation of your life, a new skill, yourself, just use the ethereal quality of passion to propel your life into the life of your dreams. I know that my responsibility is simply to dream, for GOD will dream a bigger dream. Stay connected to the Valder Beebe Show, in March we expound on "control."

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Broadcasting Schedule

VALDER BEEBE SHOW

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SAT 12 Noon * KKVI FM 89.9 & 95.9
SUN 12 Noon * KKVIDFW.com
SUN 8 am * RhythmFlowRadio.net



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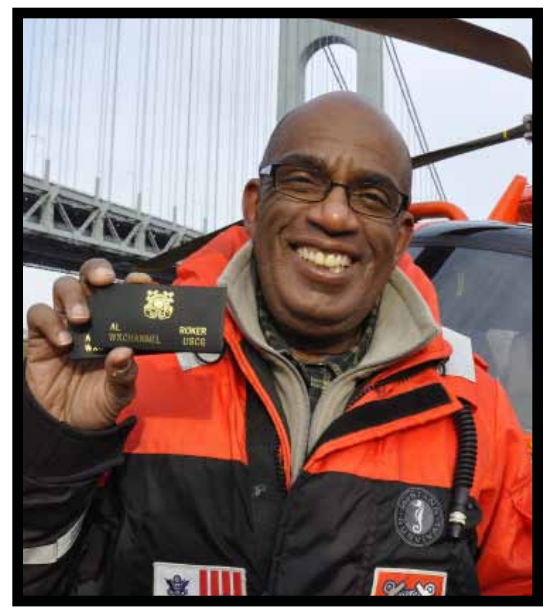
WEtv's 'Texas Multi Mamas' Valder Talks to Casey mother of quadruplets' from Murphy, Texas

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Al Roker co host of NBC Today Show talks with Valder about Al Roker Entertainment, Inc. (ARE) producer of "Coast Guard Alaska,"

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The Valder Beebe Show based in beautiful Dallas Texas is an award-winning radio Talk Show. The Valder Beebe Show, since 2006, broadcasting on FM Radio, Internet Radio, Internet TV, Web Sites and Newspapers, delves into the 21st Century in a unique way by "touching the soul" of the audience and "entertaining while informing".



The show engages with those who are changing our 21st century world. That includes pastors, celebrities, politicians, metaphysicians, spiritual writers, new thought leaders, entrepreneurs, and fortune 500 CEO's, entertainers and everyday people who have had life changing events through experiences, faith and belief in GOD.

Broadcasting Schedule

DAILY
THAT CELEBRITY INTERVIEW
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12 Noon (Central)

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12 Noon (CENTRAL) 10 am (PT) 1 pm (ET)

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Lagniappe "Something Extra" Louisiana Jambalaya

Sunday Dinner for our Creole family is the staple of being family. No matter what the week brings, Sunday is the time to gather family and friends for food and love. Jambalaya is a New Orleans Sunday tradition. Join us as we celebrate Sunday Dinner!

Hearty, rice-based jambalaya (johm-buh-LIE-uh) is a Louisiana classic. It is loosely based on Spain's paella, although in practical terms it's probably closer to arroz con pollo (chicken and rice). Jambalaya can include just about any combination of fowl, shellfish or meat. The meaty ingredients are sauteed with onions, bell pepper, and celery, and cooked with raw rice and water into a flavorful mix of textures.

Whatever's on hand can always fit into a jambalaya. There are, however, some stylistic differences between city and country jambalayas- New Orleans Creole versions are more likely to incorporate tomatoes into the mix, but you can also find Cajun cooks that add the tangy fruit to their versions (even though they'd never add it to their gumbo. Source: FrenchCreoles.com



- 1 pound boneless skinless chicken thighs, cut into thin strips
- 1 teaspoon Creole Seasoning, and (to taste) salt, pepper, pepper flakes
- 2 tablespoons oil
- 1/2 pound beef smoke sausage, cut into 1/4-inch slices
- 1 medium onion, chopped
- 1/3 cup chopped celery
- 6 cloves garlic
- 2 1/2 cups chicken stock
- 1 can (14 1/2 ounces) diced tomatoes, drained
- 1 cup cooked rice
- 4 to 6 sliced green onions

Lightly Cook Sausage include seasonings

Cook rice in chicken broth
Add tomatoes and combine all ingredients except green onions and heat to serving temperature
Top with green onions prior to serving. Serves 6.



<FOOD NETWORK HOST AND COOKBOOK AUTHOR MARCELA VALLADOLID
As the Hispanic population continues to grow in the U.S., so does its influence on mainstream American food. From jalapeno to chipotle to dulce de leche, these flavors that are heavily rooted in Latin American culinary traditions are quickly becoming an integral part of American cuisine: from snacks, to breakfast, lunch and dinner dishes.



<Cooking Channel's Not My Mama's Meals, premiered January. Talking to Valder, Bobby Deen he tells of taking on his mother's (Paula Deen) recipes and transforms her southern comfort food into lighter, leaner, yet still delicious versions of her dishes, with special guest appearances by Paula Deen, Daphne Oz, among others. Emphasizing small changes that deliver big results.

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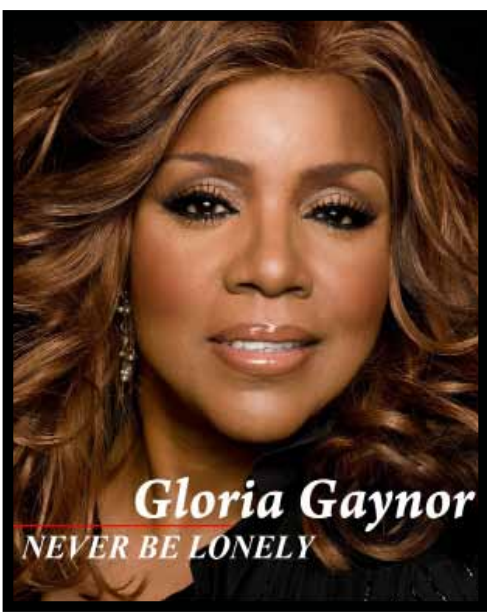
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Gloria Gaynor Grammy Award-Winning Recording Artist talks to Valder

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Valder talks to a Shape Magazine Editor for tips from the Jan 2012 issue to keep resolutions

Valder Beebe Show MORE THAN JUST GIRLFRIENDS



Editor-In-Chief EvaLetitia Ellis,
Let Passion Flow in 2012!

What are you waiting for? What's holding you back from bringing forth the burning desire deep inside to make your inner most dreams come to pass? What drives you? What motivates you each day to look forward to the next? Is it your spouse, family, friends or job/career? Find out what moves you to go further, dig deeper, work harder and love stronger by deciding what it is you are passionate about.

The pure form of love for what you do in life is your passion. This pure form of love is love that is unconditional. If you are driven by passion, let it be love that sustains it. In the month of February we celebrate love by sharing a valentine (Love). Love is shared in many different ways during the month of February. Some express their love through gifts, cards, candy and even getting married. Let's share love this February through the spoken word. Tell someone you love them by speaking it to them in all honesty, not just because it is nice to do, but because you mean it. If you only love those who love you then where is the fulfillment? The fulfillment of love is; loving those who despitefully use you, those who lie and deceive you. Love your neighbor and the stranger even as you do yourself. Why, you ask? Because Jesus loved you enough to die for you even though he knew you would deny him. He died in order to redeem your spirit back to God. Because Jesus died for you out of love and compassion, you now have a right to the tree of life. That tree of life is eternity. He gave his life so you may have forgiveness of sin. This is the Passion of Christ. What's yours?

What I've learned from Jesus' life story is that love and passion go hand in hand. You cannot fill the passion for what you do with your life without love. Love makes the passion stronger. Love drives passion, passion drives desire, desire drives motivation, motivation drives you!

In 2012 fulfill your purpose in life with passion! By: EvaLetitia, Author, The Revelation of Woman

Valentine's Day Love

Susan Reeves M.Ed

Life Coach & Author, The Inspired Life: Unleashing Your Mind's Capacity for Joy <http://susynreeve.com> - susyn@susynreeve.com

Valentine's Day is quickly approaching. Red hearts and heart-shaped boxes of chocolates signifying the passion of Love are popping up as people make plans to celebrate their love. Ideally this love is nourished with passion - that powerful feeling that has your body tingling, your mind filled with loving thoughts and your heart open to generously give and receive love.

But, just as passion can be a reflection of an inner experience of love, Valentine's Day can also be a very challenging time for people who are feeling unloved, unwanted and lonely. The same energy that ignites passion with love can be directed toward passionately feeling isolated and alone.

Passion is energy - a robust powerful energy that requires your attention to choose where you direct your passion. It is through the thoughts you think that passion is given its' direction. Think loving thoughts and your experience reflects those thoughts. Embody thoughts that reflect a sense of I'm not enough-ness and your experience will mirror those thoughts. So, while passion is a powerful and potent energy it is up to you to make the conscious choice to use its' energy to deepen and expand your capacity to experience love or to nourish an experience of isolation and loneliness.

Whether you are happily coupled or feeling that love has passed you by, allow yourself to direct your passion toward a loving relationship with yourself. When you remember that the only way you can be certain that love will deepen and expand in your life is by cultivating a loving relationship with yourself



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< **H**allmark Movie Channel star Luke Perry talks about his new movie with Valder; Goodnight for Justice: The Measure of a Man.



Valder talks to Debbie Macomber, best-selling novelist who's been on every major bestseller list with more than 140 million copies of her books in print. Her latest book, One Perfect Word is a collection of inspiring and moving stories showing how the simplicity and strength of just one word can become profound in our lives. >

< **L**ucy Liu and Michael Cudlitz talks with Valder about Lucy join the cast of the acclaimed TNT Show...SOUTHLAND.



photo by Nina Subin